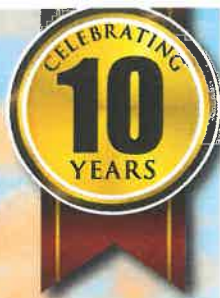


ADVENTURES NW >>>



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3 GREAT SUMMER HIKES
5POINT FILM FESTIVAL
THE BIG HURT

>>> EXTENSIVE OUTDOOR EVENTS CALENDAR INSIDE

Out & About

5Point Adventure Film Festival Returns to Bellingham



Haywire
Photo courtesy of
Mountain Hardwear

Adventure film festivals are well-known for jaw-dropping video of hair-raising feats of death-defying derring-do. But the folks at 5Point Adventure Film Festival have built a reputation for presenting films that offer something more, probing the psychology - and yes, spirituality - of the outdoor experience and our connection to the natural world. Their website expresses their philosophy quite succinctly: "We avoid films about hucking yourself off a cliff and love films with a human element and our best films embody our five guiding principles." It is those five principles that give the festival its name: respect, commitment, humility, purpose and balance.

From its origins in Carbondale, Colorado, 5Point has introduced its unique brand of thoughtful, often emotionally-charged films to select locations around the United States, including Bellingham, which welcomes the Festival in a big way on

the weekend of August 25-27. The two film programs at the Mount Baker Theatre on August 26 and 27 will feature a plethora of breathtaking features including *Haywire*, a remarkable short film about the mixed blessings of a trip to Baffin Island and the gorgeous locally-produced *DreamRide*, a cinematic hallucination of a film.

More than just a film festival, 5Point offers youth programs, yoga, Whatcom Mountain Biking Coalition bike races, group SUP, an American Alpine Institute climbing clinic, a van life rally and lots of opportunities for quality time with the tribe.

More info: 5pointfilm.org/bellingham



Photo by Jay Kline

Welcome to The Big Hurt

What has four legs, 1200 eyes and two incarnations? Why, The Big Hurt of course. This four leg (mountain bike, paddle, road bike, run) multi-sport event draws some 600 racers to Port Angeles, WA. This year's pain is scheduled for September 24, so you have plenty of time to prepare yourself.

Established in 1997, the Hurt immediately flourished, but changes in management

saw the race discontinued in 2004. It wasn't until last year that a trio of passionate pain lovers (Scott Tucker, Tim Tucker, and Lorrie Mittmann) breathed new life into the event and from the looks of it, it's back to stay. Positioned as it is, at the feet of the mighty Olympic Range, Port Angeles offers up a sweet setting for all that pain.

"The ownership our community feels for the Big Hurt gives it a friendly feel," explains Tim Tucker. "From a participant's

perspective, I'd say the biggest thing that makes the Big Hurt unique is also what makes Port Angeles unique: Location, location, location."

More info: bighurtpa.com

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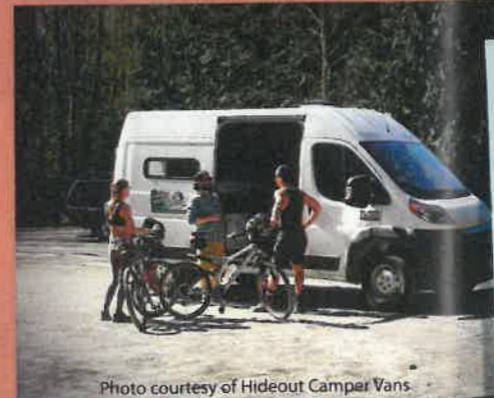


Photo courtesy of Hideout Camper Vans